















Residential Center- January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00am Chair Exercise Video, <i>EL</i> 1:00pm Mahjong, <i>SL</i> 1:00pm Hand & Foot, <i>SL</i> 	2 11:00am Balance & Strength Exercise Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 2:00pm Young Marines: Hawaii Trip, <i>PDR</i> 3:30pm First United Methodist Chapel Service, <i>C</i>	3 9-11am Open Swim & Gym, <i>AC</i> 11:00am HASfit Exercise Video, <i>EL</i> 1:00pm Hand & Foot, <i>SL</i> 1:30pm Bingo, <i>RCAR</i> 3:30pm Catholic Communion Service, <i>C</i> 3:30pm Happy Hour, <i>PDR</i>	4 <u>Saturday Stumper</u> What English physicist & mathematician was born in 1643? 10:00am Coffee & Conversation, <i>PDR</i> 10am-2pm Cancelled Open Gym & Swim, <i>AC</i> 2:00pm Craft Corner, <i>RCAR</i>
5 10:00am FCC Communion, <i>CL</i> 11:00am Chapel, <i>C</i> 	6 9:00am Rabbit the Barber 10:00am Grief Share, <i>PDR</i> 11:00am Resistance Chair Exercise, <i>EL</i> 1:00pm Bridge, <i>CL</i> 1-2:30pm Open Swim & Gym, <i>AC</i> 2:00pm Chat with Karen, <i>DRL</i> 3:15pm Chair Yoga Video, <i>EL</i> 6:00pm Mexican Train, <i>SL</i>	7 11:00am Seated Range of Motion Class, <i>EL</i> 11am-1pm Billing Open House, <i>RCAR</i> 1:00pm Bridge, <i>SL</i> 3:30pm Community Update, <i>C</i>	8 9:00am Walmart, <i>FE</i> 10am-2pm Tech Bar, <i>RCAR</i> 11:00am Chair Exercise Video, <i>EL</i> 11:30am Birthday Celebration Lunch, <i>PDR</i> 1:00pm Mahjong, <i>SL</i> 1:00pm Hand & Foot, <i>SL</i> 3:15pm Chair Yoga Video, <i>EL</i>	9 9:30am Aldi Shopping Trip 10:30am Bible Study, <i>Library</i> 11:00am Balance & Strength Exercise Class, <i>EL</i> 1:00pm Bridge, <i>SL</i>	10 9-11am Open Swim & Gym, <i>AC</i> 11:00am HASfit Exercise Video, <i>EL</i> 1:00pm Hand & Foot, <i>SL</i> 1:30pm Bingo, <i>RCAR</i> 3:30pm Catholic Communion Service, <i>C</i> 3:30pm Happy Hour, <i>PDR</i>	11 <u>Saturday Stumper</u> What year did Ameila Earhart make the first successful solo flight from Hawaii to California? 10:00am Coffee & Conversation, <i>PDR</i> 10am-2pm Open Gym & Swim, <i>AC</i> 2:00pm Craft Corner, <i>RCAR</i>
12 10:00am FCC Communion, <i>CL</i> 11:00am Chapel, <i>C</i> 2:00pm Bingo, <i>RCAR</i> 	13 10:00am Grief Share, <i>PDR</i> 11:00am Resistance Chair Exercise, <i>EL</i> 1:00pm Bridge, <i>CL</i> 1-2:30pm Open Swim & Gym, <i>AC</i> 2:00pm Book Club, <i>Library</i> 3:15pm Chair Yoga Video, <i>EL</i> 6:00pm Mexican Train, <i>SL</i>	14 10:15am Bookmobile, <i>FE</i> 11:00am Seated Range of Motion Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 1:15pm Tour of The Crump 	15 9:00am Kroger, <i>FE</i> 11:00am Chair Exercise Video, <i>EL</i> 1:00pm Mahjong, <i>SL</i> 1:00pm Hand & Foot, <i>SL</i> 2:00pm Paint a Snowflake, <i>RCAR</i> 3:15pm Chair Yoga Video, <i>EL</i> 	16 10:30am Bible Study, <i>Library</i> 11:00am Balance & Strength Exercise Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 3:30pm St. Peter's Lutheran Chapel Service	17 9-11am Open Swim & Gym, <i>AC</i> 11:00am Hasfit Exercise Video, <i>EL</i> 1:00pm Hand & Foot, <i>SL</i> 1:30pm Bingo, <i>RCAR</i> 3:30pm Catholic Communion Service, <i>C</i> 3:30pm Happy Hour, <i>PDR</i>	18 <u>Saturday Stumper</u> To save on cost of labor & equipment the U.S. banned the sale of pre-sliced what during WWII? 10:00am Coffee & Conversation, <i>PDR</i> 10am-2pm Open Gym & Swim, <i>AC</i> 2:00pm Craft Corner, <i>RCAR</i>
19 10:00am FCC Communion, <i>CL</i> 11:00am Chapel, <i>C</i> 	20 11:00am Group Exercise Class, <i>EL</i> 1:00pm Bridge, <i>CL</i> 6:00pm Mexican Train, <i>SL</i> 	21 11:00am Seated Range of Motion Exercise Class, <i>EL</i> 11:30am Lunch Outing- Lucas Brothers/Nexus Park 1:00pm Bridge, <i>SL</i> 	22 9:00am Walmart, <i>FE</i> 10am-3:30pm Tech Bar, <i>RCAR</i> 11:00am Chair Exercise Video, <i>EL</i> 1:00pm Mahjong, <i>SL</i> 1:00pm Hand & Foot, <i>SL</i> 3:15pm Chair Yoga Video, <i>EL</i> 3:30pm Tech Enrichment Class, <i>PDR</i>	23 9:30am Aldi Shopping Trip 10:30am Bible Study, <i>Library</i> 11:00am Balance & Strength Exercise Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 1:30pm Just Because Popcorn	24 9-11am Open Swim & Gym, <i>AC</i> 11:00am HASfit Exercise Video, <i>EL</i> 1:00pm Hand & Foot, <i>SL</i> 1:30pm Bingo, <i>RCAR</i> 3:30pm Catholic Communion Service, <i>C</i> 3:30pm Happy Hour, <i>PDR</i>	25 <u>Saturday Stumper</u> In 1945, in an effort to prevent tooth decay, Grand Rapids, MI became the first U.S. city to add what to its water system? 10:00am Coffee & Conversation, <i>PDR</i> 10am-2pm Open Gym & Swim, <i>AC</i> 2:00pm Craft Corner, <i>RCAR</i>
26 10:00am FCC Communion, <i>CL</i> 11:00am Chapel, <i>C</i> 2:00pm Bingo, <i>RCAR</i> 	27 10:00am Grief Share, <i>PDR</i> 11:00am Resistance Chair Exercise, <i>EL</i> 1:00pm Bridge, <i>CL</i> 1-2:30pm Open Swim & Gym, <i>AC</i> 2:00pm Bingo Challenge, <i>RCAR</i> 3:15pm Chair Yoga Video, <i>EL</i> 6:00pm Mexican Train, <i>SL</i>	28 10:00am Resident Council, <i>RCAR</i> 10:15am Bookmobile, <i>FE</i> 11:00am Seated Range of Motion Exercise Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 2:00pm Indoor Snowball Fight, <i>PDR</i> 	29 9:00am Kroger, <i>FE</i> 11:00am Chair Exercise Video, <i>EL</i> 1:00pm Mahjong, <i>SL</i> 1:00pm Hand & Foot, <i>SL</i> 2:00pm Puzzle Contest, <i>RCAR</i> 3:15pm Chair Yoga Video, <i>EL</i>	30 10:30am Bible Study, <i>Library</i> 11:00am Balance & Strength Exercise Class, <i>EL</i> 1:00pm Bridge, <i>SL</i> 1:30pm Community Sing, <i>DRL</i> 	31 9-11am Open Swim & Gym, <i>AC</i> 11:00am HASfit Exercise Video, <i>EL</i> 1:00pm Hand & Foot, <i>SL</i> 1:30pm Bingo, <i>RCAR</i> 3:30pm Catholic Communion Service, <i>C</i> 3:30pm Happy Hour, <i>PDR</i>	*Calendar subject to change
						<i>RCAR</i> - RC Activity Room <i>EL</i> - Exercise Lounge <i>C</i> - Chapel <i>PDR</i> - Private Dining Room <i>RC</i> - Residential Center <i>FE</i> - Front Entrance <i>DRL</i> - Dining Room Lounge <i>SL</i> - Seasons Lounge <i>CL</i> - Card Lounge <i>AC</i> - Athens Crossing

